

" " " " " "

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100+200

, 13 - 14

1.	100	, 1:10.63	484	200	2:46.77	389			873	2
2.	100	, 1:11.14	474	200	2:46.73	389	.	.	863	2
3.	100	, 1:11.65	464	200	2:49.84	368			832	2
4.	100	, 1:20.07	332	200	3:00.31	308		-	640	2
5.	100	, 1:26.96	259	200	3:17.06	236	"	"	495	2
6.	100	, 1:28.29	248	200	3:20.95	222	"	"	470	2
7.	100	, 1:27.89	251	200	3:24.28	212	"	"	463	2
8.	100	, 1:13.79	425				"	"	425	1

100+200

, 15 - 16

1.	100	, 1:00.98	533	200	2:23.01	464	"	"	997	2
2.	100	, 1:02.11	504	200	2:21.11	483	"	"	987	2
3.	100	, 59.55	572	200	2:31.64	389	"	"	961	2
4.	100	, 1:00.85	536	200	2:27.82	420			956	2
5.	100	, 1:03.97	461	200	2:29.60	405	.	.	866	2
6.	100	, 1:03.64	469	200	2:51.79	267			736	2
7.	100	, 1:08.00	384	200	2:40.15	330			714	2
8.	100	, 1:09.82	355	200	2:39.37	335	.	" 6"	690	2

" " " " " "

, 19-21.06.2023

100+200

, 11 - 12

1.	200	2:55.94	492	100	1:21.80	481					973	2
2.	200	2:54.66	503	100	1:22.91	462	"	"			965	2
3.	200	2:59.12	466	100	1:23.09	459					925	2
4.	100	1:24.21	441	200	3:08.33	401					842	2
5.	200	3:05.00	423	100	1:28.40	381	"	"	"	"	804	2
6.	200	3:08.53	400	100	1:27.19	397	"	"			797	2
7.	100	1:28.06	386	200	3:12.85	374			"	"	760	2
8.	200	3:08.98	397	100	1:33.58	321	"	"			718	2

, 13 - 14

1.	200	2:46.48	581	100	1:18.02	555	"	"			1136	2
2.	100	1:20.57	504	200	2:56.86	484	"	"			988	2
3.	100	1:21.12	494	200	2:56.30	489	"	"			983	2
4.	100	1:21.94	479	200	3:00.58	455	"	"			934	2
5.	100	1:22.46	470	200	3:00.20	458					928	2
6.	100	1:22.99	461	200	3:01.19	450					911	2
7.	100	1:24.97	429	200	3:05.38	421					850	2
	200	3:03.66	433	100	1:25.79	417					850	2

" " " " " "

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100+200

, 13 - 14

1.	200	,	514	100	1:11.72	09	"	"	1012	2
		2:37.40			498					
2.	200	,	510	100	1:12.89	09	"	"	985	2
		2:37.78			475					
3.	100	,	447	200	2:49.37	09	"	"	859	2
		1:14.37			412					
4.	200	,	445	100	1:16.94	10			849	2
		2:45.10			404					
5.	100	,	435	200	2:50.68	09	/	.	838	2
		1:15.04			403					
6.	100	,	427	200	2:50.31	09	"	"	833	2
		1:15.51			406					
7.	200	,	409	100	1:17.03	09	"	"	811	2
		2:49.77			402					
8.	200	,	414	100	1:17.77	10			805	2
		2:49.19			391					

, 15 - 16

1.	100	,	635	200	2:31.03	07	"	"	1217	2
		1:06.16			582					
2.	100	,	617	200	2:31.32	07	"	"	1195	2
		1:06.80			578					
3.	200	,	571	100	1:08.70	07	"	"	1138	2
		2:32.02			567					
4.	200	,	568	100	1:08.73	08	"	"	1134	2
		2:32.20			566					
5.	100	,	519	200	2:39.69	07	"	"	1011	2
		1:10.75			492					
6.	200	,	503	100	1:11.51	07			1006	2
		2:38.54			503					
7.	200	,	507	100	1:11.86	08	"	"	1002	2
		2:38.10			495					
8.	100	,	510	200	2:40.73	08	"	"	993	2
		1:11.19			483					

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100+200 /

, 11 - 12

1.	100	,	517	200	2:25.25	470	/	.	987	2
		1:04.39								
2.	100	,	533	200	2:27.55	448	/	.	981	2
		1:03.75								
3.	100	,	485	200	2:25.46	468	"	"	953	2
		1:05.79								
4.	100	,	477	200	2:25.45	468	"	"	945	2
		1:06.18								
5.	100	,	465	200	2:27.46	449			914	2
		1:06.73								
6.	100	,	458	200	2:27.83	446	"	"	904	2
		1:07.08								
7.	100	,	452	200	2:27.85	446	"	"	898	2
		1:07.35								
8.	100	,	435	200	2:32.41	407			842	2
		1:08.22								

, 13 - 14

1.	100	,	606	200	2:16.76	563	/	.	1169	2
		1:01.10								
2.	100	,	592	200	2:17.25	557	"	"	1149	2
		1:01.56								
3.	100	,	560	200	2:19.09	535	"	"	1095	2
		1:02.72								
4.	100	,	551	200	2:24.27	480		-	1031	2
		1:03.07								
5.	200	,	505	100	1:05.88	483	"	"	988	2
		2:21.79								
6.	100	,	510	200	2:24.54	477	"	"	987	2
		1:04.71								
7.	100	,	557	200	2:31.13	417	"	"	974	2
		1:02.84								
8.	200	,	489	100	1:05.98	481	"	"	970	2
		2:23.35								

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100+200 /

, 13 - 14

1.	100	,	56.77	564	200	2:06.25	527	09	"	"	,	.	1091	2
2.	100	,	56.66	567	200	2:11.48	466	09	"	"			1033	2
3.	100	,	57.58	540	200	2:12.75	453	09	"	"			993	2
4.	100	,	58.22	523	200	2:13.32	447	09					970	2
5.	100	,	58.13	525	200	2:13.64	444	09	"	"			969	2
6.	100	,	59.30	495	200	2:11.40	467	09					962	2
7.	100	,	59.12	499	200	2:12.90	452	09	"	"			951	2
8.	100	,	59.74	484	200	2:13.51	445	09	"	"			929	2

, 15 - 16

1.	200	,	1:54.84	700	100	52.95	695	07					1395	2
2.	100	,	54.76	628	200	2:00.30	609	07	"	"			1237	2
3.	200	,	1:59.31	624	100	55.77	595	08	"	"			1219	2
4.	100	,	54.75	628	200	2:05.01	543	07	/	.			1171	2
5.	100	,	56.38	575	200	2:03.80	559	08					1134	2
6.	100	,	55.49	604	200	2:06.16	528	08	"	"	,	.	1132	2
7.	100	,	56.26	579	200	2:04.87	545	08	"	"			1124	2
8.	100	,	56.26	579	200	2:07.74	509	08					1088	2

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100+200 /

, 11 - 12

1.	100	,	470	200	2:38.70	469	11	"	"	939	2
		1:13.86									
2.	100	,	437	200	2:43.62	428	11	"	"	865	2
		1:15.65									
3.	200	,	432	100	1:17.14	413	11	"	"	845	2
		2:43.09									
4.	100	,	414	200	2:52.50	365	11			779	2
		1:17.07									
5.	100	,	398	200	2:50.91	375	12	"	"	773	2
		1:18.06									
6.	200	,	379	100	1:19.50	377	11	"	"	756	2
		2:50.38									
7.	100	,	384	200	2:53.20	361	11	"	"	745	2
		1:18.98									
8.	200	,	376	100	1:20.43	364	11	"	"	740	2
		2:50.85									

, 13 - 14

1.	200	,	574	100	1:10.23	547	09	"	"	1121	2
		2:28.42									
2.	100	,	560	200	2:31.70	537	09			1097	2
		1:09.67									
3.	100	,	541	200	2:34.08	513	09	"	"	1054	2
		1:10.49									
4.	100	,	530	200	2:37.04	484	10	/	.	1014	2
		1:10.98									
5.	100	,	524	200	2:37.29	482	09			1006	2
		1:11.26									
6.	100	,	490	200	2:37.94	476	10		.	966	2
		1:12.83									
7.	100	,	501	200	2:40.29	455	09			956	2
		1:12.33									
8.	100	,	475	200	2:39.91	458	10	"	"	933	2
		1:13.58									

" " " " " "
" " " " " "
, 19-21.06.2023

100+200 /

, 13 - 14

1.	100	1:01.54	598	200	2:17.73	536	09	" "	1134	2
2.	200	2:17.76	536	100	1:04.34	523	10		1059	2
3.	100	1:06.53	473	200	2:24.62	463	09		936	2
4.	200	2:24.65	463	100	1:07.17	459	09	" "	922	2
5.	200	2:25.62	454	100	1:08.44	434	09	" "	888	2
6.	200	2:26.20	448	100	1:08.31	437	10	" " , .	885	2
7.	100	1:07.86	446	200	2:31.87	400	09	" "	846	2
8.	100	1:08.78	428	200	2:31.15	405	09	" " , .	833	2

, 15 - 16

1.	100	1:00.81	619	200	2:15.94	558	07	/ .	1177	2
2.	100	1:00.48	630	200	2:18.38	529	07	" " , .	1159	2
3.	100	1:02.30	576	200	2:16.57	550	08	" "	1126	2
4.	100	1:02.53	570	200	2:16.27	554	07	. .	1124	2
5.	100	1:03.33	548	200	2:19.36	517	08	" "	1065	2
6.	100	1:02.74	564	200	2:21.73	492	08	" "	1056	2
7.	100	1:03.83	536	200	2:23.54	474	07	" "	1010	2
8.	100	1:05.35	499	200	2:22.22	487	07	" "	986	2

" " " " " "

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200+200 /

, 11 - 12

1.	200	,	2:46.80	432	200	2:47.56	426	12	"	"	858	2
2.	200	,	2:49.12	414	200	2:49.57	411	11			825	2
3.	200	,	2:48.69	417	200	2:52.15	393	12			810	2
4.	200	,	2:49.76	410	200	2:51.68	396	11			806	2
5.	200	,	2:51.74	396	200	2:51.86	395	11	"	"	791	2
6.	200	,	2:52.07	393	200	2:52.63	389	12			782	2
7.	200	,	2:52.31	392	200	2:54.93	374	11	"	"	766	2
	200	,	2:53.05	387	200	2:54.15	379	11	"	"	766	2

200+200 /

, 13 - 14

1.	200	,	2:23.84	497	200	2:25.04	485	09	"	"	982	2
2.	200	,	2:27.33	463	200	2:27.68	459	09	"	"	922	2
3.	200	,	2:28.05	456	200	2:28.56	451	09	"	"	907	2
4.	200	,	2:27.72	459	200	2:29.87	440	09	"	"	899	2
5.	200	,	2:28.41	453	200	2:30.07	438	09	"	"	891	2
6.	200	,	2:28.09	456	200	2:31.40	426	09	"	"	882	2
7.	200	,	2:30.63	433	200	2:31.31	427	09	"	"	860	2
	200	,	2:30.42	435	200	2:31.54	425	09	"	"	860	2

" " " " " "

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200+400 /

, 13 - 14

1.	200	,	2:31.43	577	400	5:26.20	09				1121	2
							544					
2.	200	,	2:35.51	533	400	5:29.77	09	"	"		1059	2
							526					
3.	200	,	2:39.71	492	400	5:39.78	09				973	2
							481					
4.	400	,	5:41.27	475	200	2:41.77	09	"	"		948	2
							473					
5.	400	,	5:46.97	452	200	2:46.64	10	"	"		885	2
							433					
6.	200	,	2:48.05	422	400	6:03.81	10	"	"		814	2
							392					
7.	200	,	2:49.59	411	400	6:02.48	09	"	"		807	2
							396					
8.	200	,	2:48.46	419	400	6:10.40	10	"	"		790	2
							371					

200+400 /

, 15 - 16

1.	200	,	2:13.18	627	400	4:47.57	07				1236	2
							609					
2.	400	,	4:48.79	601	200	2:17.30	08	"	"		1173	2
							572					
3.	400	,	4:51.20	587	200	2:17.13	07				1161	2
							574					
4.	200	,	2:18.03	563	400	5:01.99	07	"	"		1089	2
							526					
5.	200	,	2:17.47	570	400	5:04.37	08				1084	2
							514					
6.	200	,	2:21.76	520	400	5:14.86	08	"	"		984	2
							464					
7.	400	,	5:13.49	470	200	2:26.87	08	"	"		937	2
							467					
8.	200	,	2:27.26	463	400	5:24.52	07				887	2
							424					

" " " " " "
 " " " " " "
 , 19-21.06.2023

400+1500 /

, 15 - 16

1.	400	,	4:28.75	1.	1500	17:50.23	08	.	"	6"	22:18.98	2
2.	400	,	4:30.14	3.	1500	17:56.19	08	"	"		22:26.33	2
3.	400	,	4:32.73	5.	1500	18:08.77	07				22:41.50	2
4.	400	,	4:39.00	9.	1500	18:21.46	07				23:00.46	2
5.	400	,	4:33.78	6.	1500	19:08.98	07				23:42.76	2
6.	400	,	4:42.56	11.	1500	19:02.35	08				23:44.91	2
7.	400	,	4:42.70	12.	1500	19:08.85	08	"	"		23:51.55	2
8.	400	,	4:48.90	18.	1500	19:25.53	08	.	"	6"	24:14.43	2

400+800 /

, 11 - 12

1. C	400	,	5:07.80	453	800	10:34.05	11		"	"	899	2
2.	400	,	5:12.70	432	800	10:53.70	11	"	"		839	2
3.	400	,	5:21.60	397	800	11:13.06	11	"	"		770	2
4.	400	,	5:30.51	366	800	11:27.25	11				717	2
5.	400	,	5:32.88	358	800	11:31.24	12	"	"		702	2
6.	800	,	11:50.10	318	400	5:51.63	11	"	"		622	2
7.	400	,	5:58.36	287	800	12:26.46	12	"	"		560	2
8.	400	,	6:06.88	267	800	13:00.46	12	/	.		506	2

" " " " " "

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, 13 - 14

1.	800	,	9:42.67	575	400	4:48.50	550	09	"	"			1125	2
2.	400	,	4:46.36	563	800	9:53.44	545	09	"	"			1108	2
3.	400	,	5:04.44	468	800	10:26.01	464	10	"	"			932	2
4.	800	,	10:25.48	465	400	5:06.71	458	10	"	"	"	"	923	2
5.	400	,	5:11.27	438	800	10:44.27	426	10	"	"			864	2
6.	800	,	10:46.80	421	400	5:16.22	418	10	"	"			839	2
7.	400	,	5:16.11	418	800	10:49.91	415	10	"	"			833	2
8.	400	,	5:15.45	421	800	10:51.68	411	10	/	.			832	2

400+800 /

, 13 - 14

1.	400	,	4:32.26	528	800	9:20.42	525	09	"	"			1053	2
2.	800	,	9:26.44	508	400	4:37.22	500	09	"	"			1008	2
3.	400	,	4:35.40	510	800	9:32.00	493	09	"	"			1003	2
	800	,	9:28.59	502	400	4:37.03	501	09	"	"			1003	2
5.	800	,	9:28.60	502	400	4:38.14	495	09					997	2
6.	400	,	4:40.51	482	800	9:37.89	478	09	"	"			960	2
7.	800	,	9:40.34	472	400	4:50.81	433	09	"	"			905	2
8.	400	,	4:46.26	454	800	9:53.43	442	09	"	"			896	2

" " " " " "

" " " " " "

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50+100

, 11 - 12

1.	50	31.33	474	100	1:11.58	465	/	.	939	2
2. C	100	1:14.65	410	50	34.04	369		" "	779	2
3.	50	33.05	403	100	1:17.92	360		" "	763	2
4.	50	33.46	389	100	1:17.09	372			761	2
5.	50	34.08	368	100	1:21.78	312			680	2
6.	50	34.48	355	100	1:21.07	320			675	2
7.	50	35.16	335	100	1:21.82	311		" "	646	2
8.	50	34.92	342	100	1:22.94	299		" "	641	2

50+100

, 13 - 14

1.	50	26.93	565	100	1:02.21	502			1067	2
2.	50	28.27	488	100	1:03.18	479		" "	967	2
3.	50	29.16	445	100	1:05.49	430			875	2
4.	50	28.17	494	100	1:08.24	380		" "	874	2
5.	50	29.58	426	100	1:07.06	400		" "	826	2
6.	50	29.49	430	100	1:07.47	393		-	823	2
7.	50	30.01	408	100	1:07.69	389			797	2
8.	50	29.53	428	100	1:10.12	350			778	2